

ICD-10-CM Coding Basics

Chapter Specifics

Chapter 4

Endocrine, Nutritional and Metabolic Diseases

Vilma Smith, LVN, CPC, CCS

AHIMA Approved ICD-10-CM/PCS Trainer

Debra Bales, LVN, CPC

ICD-10-CM Conventions

- General rules for use of the classification independent of the guidelines.
- Conventions and instructions of the classification takes precedence over guidelines.
- Incorporated within the Alphabetic Index and Tabular list as instructional notes.

ICD-10-CM Chapter Specifics

Chapter 4:

Endocrine, Nutritional and Metabolic Diseases (E00-E89)

- This chapter had category and code expansions
- Classifies conditions that affect the endocrine system, nutritional and metabolic diseases with the *exception of Anemias caused by nutritional deficiencies which is in Chapter 3*
- Diabetes Mellitus (E08-E13)
 - DM due to underlying condition (E08-)
 - Drug or chemical induced Diabetes Mellitus (E09-)
 - Type 1 DM (E10-)
 - Type 2 DM (E11-)
 - Other Specified Diabetes Mellitus (E13-)
- **If** DM Type not documented – default to Type 2 (E11-)
- Instructional notes – *“includes,” “excludes 1 & 2,” “code also” and “use additional code”* (e.g. Long term use of Insulin – Z79.4)
- For all manifestations due to or secondary to DM – follow instructional notes

ICD-10-CM Chapter Specifics

Chapter 4: (cont.)

- Diabetes Mellitus Indexing coding tips
 - Specific subterm indexing for complications include *“hyperglycemia,” “hyperosmolarity,” “hypoglycemia,” “ketoacidosis,” “gestational,” “insulin dependent”* or *“non-insulin dependent”* - codes to type of diabetes
 - Inadequately controlled, poorly controlled or out of control - codes to Diabetes, by type, with hyperglycemia

- Sample Indexing

◦ Diabetes, diabetic (mellitus) (sugar)	E11.9
- amyotrophy	E11.44
- arthropathy NEC	E11.618
- autonomic (poly)neuropathy	E11.43
- cataract	E11.36
◦ due to drug or chemical	E09.9
◦ due to underlying condition	E08.9
◦ Specified type NEC	E13.9
◦ type 1	E10.9
◦ type 2	E11.9