

# We heal and inspire the human spirit.

Subject:	Dyadic Care Services and Family Therapy Benefit
Date:	January 04, 2024
From:	IEHP - BHCM
To:	Select IEHP Providers

Effective January 2023, Dyadic Services and dyadic caregiver services are Medi-Cal benefits. Per California Welfare and Institutions Code section 14132.755, the Dyadic Services benefit is a family and caregiver-focused model of care intended to address developmental and behavioral health conditions of children as soon as they are identified, and that fosters access to preventive care for children, rates of immunization completion, coordination of care, child social-emotional health and safety, developmentally appropriate parenting, and maternal mental health.

The dyadic services benefit is designed to support implementation of comprehensive models of dyadic care that work within the pediatric clinic setting to identify and address caregiver and family risk factors for the benefit of the child.

### What is Dyadic Care?

**Dyadic care** refers to serving both parent(s) or caregiver(s) and children (Members aged 20 and below) together as a dyad. It is a form of treatment that **targets family well-being as a mechanism to support healthy child development and mental health**. **Dyadic care is provided within pediatric primary care settings whenever possible** and can help identify behavioral health interventions and other behavioral health issues, provide referrals to services, and help guide the parent-child or caregiver-child relationship. **Dyadic care fosters team-based approaches** to meeting family needs, including addressing mental health and social support concerns, and it broadens and improves the delivery of pediatric preventive care.

### **Dyadic Services include**:

- Dyadic Behavioral Health (DBH) Well-Child visits
- Dyadic Comprehensive Community Supports Services
- Dyadic Psychoeducational Services
- Dyadic Family Training and Counseling for Child Development
- Dyadic Parent or Caregiver Services

For more details about Dyadic Services, please visit <u>www.providerservices.iehp.org</u> > Resources > Provider Resources > Dyadic Care Services or <u>click here</u>.

### Who is eligible to receive Dyadic Services?

Children (Members aged 20 and below) and their parent(s)/caregiver(s) are eligible for DBH well-child visits when delivered according to the Bright Futures/American Academy of Pediatrics periodicity schedule for behavioral/social/emotional screening assessment, and when medically necessary, in accordance with Medi-Cal's Early and Periodic Screening, Diagnostic and Treatment (EPSDT) standards.

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#### Who can provide Dyadic Services?

- Licensed Clinical Social Workers
- Licensed Professional Clinical Counselors
- Licensed Marriage and Family Therapists
- Licensed Psychologists
- Psychiatric Physician Assistants
- Psychiatric Nurse Practitioners
- Psychiatrists
- Associate Marriage and Family Therapists, Associate Professional Clinical Counselors, Associate Clinical Social Workers, and Registered Psychological Associates may render services under a supervising clinician.
- Appropriately trained nonclinical staff, including Community Health Workers (CHW), are not precluded from screening Members for issues related to SDOH or performing other nonclinical support tasks as a component of the DBH visit, as long as the screening is not separately billed. Under the supervision of a supervising Provider from one of the provider types listed above, CHWs who meet the qualifications listed in the Community Health Worker (CHW) Preventive Services section of the Provider Manual can assist a dyad to gain access to needed services to support their health, through the CHW benefit for health navigation services described in APL 22-016, or any superseding APL.
- Dyadic caregiver services may be provided by the medical well-child Provider, in addition to the Provider types listed above.

### How can you enroll as a Dyadic Care Provider?

If you are an IEHP Provider, new Provider, or any of the Provider types listed above and are interested in providing dyadic care services, please complete the attached Provider Inquiry Form and submit to IEHP Provider Services at <u>ProviderServices@iehp.org</u>

The Provider Inquiry Form can be found at: <u>www.providerservices.iehp.org</u> > Resources > Provider Resources > Dyadic Care Services or <u>click here</u>.

As a reminder, all IEHP communications can be found at: <u>www.provderservices.iehp.org</u> > Provider Central > News and Updates > Notices

If you have any questions, please do not hesitate to contact the IEHP Provider Call Center at (909) 890-2054, (866) 223-4347 or email <u>ProviderServices@iehp.org</u>



## Provider Inquiry for Dyadic Services

Provider/Agency Name:			
Provider/Agency Phone Number:			
Provider/Agency E-mail:			
Are you currently contracted with IEHP?			
Provider Line of Business: Providers interested in providing Dyadic Se	ervices	s must be enrolled as Medi-Cal Providers.	
	sychiat	ectitioners, and Psychiatrists, Licensed Clinical Social Worker (LCSW), etc. tric and Psychological Services section of the Medi-Cal Provider Manual ic Services.	
What city(ies) do you service:			
Areas of Expertise:			
Which Dyadic Services are you interested in offering?		Dyadic Behavioral Health (DBH) Well-Child visits	
Please refer to APL 22-029 for details on the different types of Dyadic Services.		Dyadic Comprehensive Community Supports Services	
		Dyadic Psychoeducational Services	
		Dyadic Family Training and Counseling for Child Development	
		Dyadic Parent or Caregiver Services	
		Other:	
Limitations/Out of Scope:			