



For additional education and training on gender health care, please access the following resource:

- + UCSF Center of Excellence for Transgender Health Learning Center Audience: Health Care Providers, Access at: <http://transhealth.ucsf.edu/>**
- + IEHP Utilization Management Subcommittee Guideline on Gender Dysphoria (online)**

References:

¹ Inland Empire Transgender Health & Wellness Profile. (February 2017). Riverside University Health System - Public Health.

Important

If you would like to be added to or access our list of IEHP Gender Health Competent & Experienced Providers, or if you just have questions about gender health care, please contact IEHP's Provider Relations Team.

CALL:
(909) 890-2054
Mon - Fri, 8am - 5pm

EMAIL:
ProviderServices@iehp.org



IEHP Gender Health



Inland Empire Health Plan

The Inland Empire is home to an estimated 27,000 individuals who are transgender or gender diverse, according to a Riverside University Health System publication.

And while more than 93% of this population reported having some form of health insurance, more than a third found it “not very easy” to find medical providers with sufficient knowledge and experience with transgender and gender diverse people. ¹



For Members diagnosed with gender dysphoria, IEHP covers all medically necessary care, consistent with the State Medi-Cal benefit.

These benefits include:

- ✚ Psychotherapy for purposes such as exploring gender identity, role, and expression; addressing the impact of gender dysphoria and stigma on mental health; alleviating internalized transphobia; enhancing social and peer support; improving body image; or promoting resilience.
- ✚ Changes in gender expression and role.
- ✚ Hormone replacement therapy to feminize or masculinize the body or puberty suppression therapy.
- ✚ Surgery to change primary and/or secondary sex characteristics.

Please contact IEHP's Provider Relations Team at the number on the back.

We need your help

We need to develop and maintain a strong community network of physical and mental health care providers designed to care for the bodies and minds of gender diverse people that can assist them in living healthier and happier lives.

IEHP is asking our Provider partners like you to assist us in identifying Providers skilled in gender health and mental health care services to add to our growing community of IEHP gender health competent and experienced Providers.

Competent & Experienced Health Care Providers

Needed Providers with gender health experience or qualifications (not a complete list):

- ✚ Primary Care Physicians
- ✚ Endocrinology and Pediatric Endocrinology Specialists
- ✚ Reconstructive Surgeons
- ✚ Behavioral Health Specialists