Riverside University Health System
Mission Statement

Improve the health and well-being of our patients and communities through our dedication to exceptional and compassionate care, education, and research.

Cultural Competency Statement

Riverside University Health System - Behavioral Health is proud of its commitment to cultural competency—the acceptance and valuing of people from all ethnic and religious backgrounds, regardless of their age, gender, sexual orientation, or disability. Embracing diversity will make us stronger mental health professionals for the benefit of our consumers. We do not discriminate.

THE CONFIDENTIALITY OF ALL CLIENTS IS STRICTLY ADHERED TO IN ACCORDANCE WITH THE STATE AND FEDERAL REGULATIONS.

• FEES ARE BASED ON ABILITY TO PAY AND A SLIDING SCALE IS USED. NO ONE WILL BE DENIED SERVICES DUE TO INABILITY TO PAY.

• MEDI-CAL IS ACCEPTED AT ALL LOCATIONS

SU CARES LINE: 1-800-499-3008

CARE COORDINATION TEAMS
Desert: (760) 773-6761
Western County: (951) 955-7622
Administrator’s Vision
We are the passionate guides that will help individuals navigate a journey of understanding and healing.

Substance Abuse Prevention and Treatment Program

Guidance and assistance is just a phone call away! We provide substance abuse prevention and treatment service information for individuals and families, screening placement services, and direct referrals for consumers of Riverside County Communities seeking help with substance use difficulties or questions.

Pregnant or know someone who is and wants treatment? Immediate access to treatment for pregnant and parenting women. Call today and ask about our peri-natal program.

Services Available at all below RUHS Behavioral Health Clinics
- Personal and private screening, assessment, and placement services
- Individual and family prevention service
- Substance abuse treatment, individual and family counseling, and group counseling
- Individual and family guidance for individuals desiring help and a life of recovery
- Information for individuals and families regarding help and assistance

MOMS Perinatal Program is an intensive outpatient treatment program for pregnant and parenting substance abusing women. Transportation is provided for women and their children. A child learning laboratory is provided as part of treatment, where women learn hands-on parenting skills. Groups cover a variety of topics specific to pregnant and parenting mothers. Special speakers are also used to provide information and referrals to other community programs available for women.

Residential Treatment and Detoxification Services
Riverside County contracts with a number of private agencies to provide residential recovery care for individuals struggling with substance abuse and addiction. These are unlocked, 24 hour recovery programs which utilize group support and sponsorship to help clients give up their substance use habits and learn how to live a life of sobriety. The County also contracts for women specific services. These programs are designed to meet the special needs of women, especially those that are pregnant. Riverside County also contracts with several residential programs who provide drug and alcohol detoxification services in a social model or medical model program. Clients who have co-occurring mental health disorders in addition to their substance use are allowed to take their medications as needed to stabilize their mental health.

Collaborative Court Programs
Riverside County operates several collaborative court programs, including four Drug Courts (ROC), one Juvenile Drug Court (JUST), three Family Preservation Courts, Mental Health Court, and Veterans Courts. Drug Courts require a collaborative approach that includes teams comprised of the Superior Court, Probation, District Attorney, Public Defender, DPSS and Behavioral Health. The goal of collaborative courts is to decrease recidivism, help individuals navigate a journey of understanding and healing.

Weekly Community Access, Referral, Evaluation, and Support Line (SU CARES) 1-800-499-3008

Prevention Services
We are dedicated to the implementation of comprehensive evidence-based prevention services which follow the guidelines established by the Center for Substance Abuse Prevention. These guidelines allow for a spectrum of prevention services to meet the needs of three populations: Universal Prevention: Targets the entire population. Examples: media campaigns and policies that reduce availability. Selected Prevention: These prevention activities target a specific group of the population whose risk of developing substance use problems are higher than that of the general population. Example: children of substance users. Indicated Prevention: Serves specific individuals who are exhibiting early signs or consequences of substance use.

Individual Prevention Services (IPS)
Is someone you know starting to have problems because of drugs or alcohol? Has your child gotten into trouble at school because of drugs? Does your grandmother mix her medication with alcohol? If so, we can help! We now offer an Individual Prevention Service program. This program is designed for individuals aged 12 to senior citizens who are starting to see negative consequences of drug or alcohol use, but are not yet to the point of requiring treatment. Participants and their families meet with a Prevention Specialist to set up a plan of action. The intervention is custom designed and individualized, and there is no charge for the service. This service is provided at all County operated Substance Abuse Clinics.

Collaborative Court Programs
Riverside County participates in a number of collaborative courts that work to reduce recidivism, help individuals navigate a journey of understanding and healing.

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Recommended for:
- Pregnant and parenting families
- Individuals and family members of substance abusers
- Seniors who are starting to see negative consequences of drug or alcohol use
- Children who are starting to have problems with drugs or alcohol
- Grandparents who are starting to see negative consequences of drug or alcohol use
- Older adults who are starting to see negative consequences of drug or alcohol use

Collaborative Court Programs:
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Universal Prevention:
- Prevention campaigns and policies that reduce the availability of substances
- Selected Prevention:
- These prevention activities target a specific group of the population whose risk of developing substance use problems are higher than that of the general population.
- Indicated Prevention:
- Serves specific individuals who are exhibiting early signs or consequences of substance use.

Friday Night Live
Friday Night Live (FNL)….high school aged youth.
Club Live (CL)….middle/intermediate/junior high aged youth.
Friday Night Live Kids (FNL Kids)….elementary school aged youth.
FNL/CL/FNL Kids are school and community based peer prevention clubs designed to positively engage young people in preventing alcohol, tobacco and other drug-related problems. Members of FNL/CL/FNL Kids encourage their peers by providing safe and supportive environments where they are less likely to engage in high risk behaviors and where healthy living is modeled. FNL/CL/FNL Kids programs foster resiliency and protective factors in young people through the development of action-oriented clubs in which positive activities are planned and implemented by the young people themselves.