



To: IPA Administrators and Medical Directors
From: IEHP – Provider Relations
Date: May 19, 2020
Subject: New/Revised/Retired UM Authorization Guideline

IEHP’s Utilization Management Subcommittee has approved the following authorization guideline updates/changes, **effective May 13, 2020:**

| Guideline # | Guideline Title | Degree of Change | Updates/Changes |
|-------------|--|------------------|--|
| UM_OTH 21 | Chimeric Antigen Receptor T Cell Therapy (CAR-T Therapy) | New | <ul style="list-style-type: none"> • CAR-T therapy: Chimeric Antigen Receptor T-cells (CAR-T) are T-cells that have been genetically altered in order to improve their ability to fight cancer. • Kymriah (tisagenlecleucel) and Yescarta (axicabtagene ciloleucel) are CAR T-cell therapies targeting CD19, an antigen prevalent in the cells of many B-cell malignancies. • Both products are available only through a restricted program under a Risk Evaluation and Mitigation Strategy (REMS). • Kymriah is indicated for: <ul style="list-style-type: none"> ○ Pre B-cell Acute Lymphoblastic Leukemia (ALL), Refractory or in second or later relapse ○ Diffuse Large B-cell Lymphoma (DLBCL), relapsed or refractory, following 2 or more lines of systemic therapy • Yescarta is indicated for: <ul style="list-style-type: none"> ○ Diffuse Large B-cell Lymphoma (DLBCL), relapsed or refractory, following 2 or more lines of systemic therapy |

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| | | | <ul style="list-style-type: none"> • Pre-treatment and post-treatment are required for both products. |
| UM_OTH 22 | Biosimilar Products | New | <ul style="list-style-type: none"> • Per FDA, biosimilar has no clinically meaningful differences in terms of safety, purity and potency from reference product • Guideline contains preferred biosimilar drugs and corresponding reference drug grouped by indication • Recommend establishing new Biosimilar Policy to prefer Biosimilar Drug to Reference Drug |
| UM_OTH 14 | Hepatitis C-Center of Excellence (COE) Admission Criteria | Moderate | <ul style="list-style-type: none"> • Update of DHCS Treatment Policy for the Management of Chronic Hepatitis C issued March 2020 <ul style="list-style-type: none"> ○ Genotype testing is no longer required prior to initiation of antiviral therapy ○ Increased emphasis on patient adherence to treatment protocols • CDC also updated Recommendations for HCV screening among adults April 2020 <ul style="list-style-type: none"> ○ All adults over 18 years should be screened at least once ○ Pregnant women (regardless of age) should be screened during each pregnancy |
| UM_DIA 07 | Electroencephalogram (EEGs) | N/A | <ul style="list-style-type: none"> • Medicare has detailed criteria for EEG testing under LCD L34521. • Medi-Cal does not have criteria • MCG has two guidelines concerning non-video EEG. These guidelines allow for testing in a stepwise fashion. If a Non-invasive EEG is inconclusive then an Ambulatory EEG can be ordered. This mirrors IEHP's current EEG guideline • Recommend retiring the current UM Subcommittee Guideline and replacing with: <ul style="list-style-type: none"> ○ Medicare: LCD 34521 Special EEG Tests ○ Medi-Cal: <ul style="list-style-type: none"> ➤ MCG A-0136 EEG, Noninvasive ➤ MCG A-0137 EEG, Continuous Ambulatory Monitoring |
| UM_GYN 02 | Fetal Echocardiogram | N/A | <ul style="list-style-type: none"> • Medicare does not have a guideline concerning this test • Medi-Cal approves selected diagnoses of DM/GDM, Maternal Care for a suspected fetal abnormality, or Maternal Care for abnormalities of the fetal heart/rhythm • MCG is silent on this topic |

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| | | | <ul style="list-style-type: none"> • Apollo has an Echocardiogram guideline that mirrors IEHP's own UM Subcommittee Fetal Echocardiogram guideline criteria • Recommend retiring IEHP's guideline for both Medicare and Medi-Cal and replacing with: <ul style="list-style-type: none"> ○ Apollo guideline CAR131 Echocardiography, Adult & Pediatric (Transthoracic/Transesophageal) guideline |
| UM_DME 08 | Home Use of Oxygen | N/A | <ul style="list-style-type: none"> • Medicare NCD 240.2 for Home Oxygen addresses limited situations • Medi-Cal Provider Manual is comparable to current UM guidelines, and addresses same clinical scenarios • MCG: Oxygen Therapy, Continuous and Noncontinuous: Home (A-0343) has clear guidelines and is comparable to current UM guidelines • Recommend retiring the current UM Subcommittee Guideline and replacing with: • Medicare: MCG A-0343 Oxygen Therapy, Continuous and Noncontinuous: Home • Medi-Cal: Medi-Cal Provider Manual, Durable Medical Equipment (DME): Oxygen and Respiratory Equipment (dura oxy) |
| UM_ENT 02 | Obstructive Sleep Apnea OSA Treatment | N/A | <ul style="list-style-type: none"> • Medicare NCD 240.4: CPAP For Obstructive Sleep Apnea (no clear policy for OSA treatment in general) • Medi-Cal Provider Manual guideline is comparable to current UM Guidelines • MCG guideline is comparable to current UM guidelines. • Recommend retiring the current UM Subcommittee Guideline and replacing with: • Medicare: MCG R-0117 Obstructive Sleep Apnea-Referral Management • Medi-Cal: Medi-Cal Provider Manual, Durable Medical Equipment (DME): Oxygen and Respiratory Equipment (dura oxy) |

You may access these and all other authorization guidelines through the Provider portal.

Location: www.iehp.org > For Providers > Utilization Management Criteria

As a reminder, all communications sent by IEHP can also be found on the Provider portal:

Location: www.iehp.org > For Providers > Correspondence

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054.