Important Notice: Use of Diclegis in Pregnancy-Induced Nausea and Vomiting

Dear IEHP Provider,

Due to the high number of prior authorization (PA)/coverage determination (CD) requests IEHP receives for Diclegis, IEHP would like to remind Providers on the use of Diclegis in the treatment of pregnancy-induced nausea and vomiting in women.

According to American College of Obstetricians and Gynecologists (ACOG), first-line pharmacologic treatment is vitamin B6 (pyridoxine) (with minimal fetal risk) or vitamin B6 plus doxylamine (Pregnancy Category A).

- Vitamin B6 is a safe treatment that may be tried first.
- Doxylamine, a medication found in over-the-counter sleep aids, may be added if vitamin B6 alone does not relieve symptoms.

As a reminder, vitamin B6 (pyridoxine) is available on IEHP formulary for both Medi-Cal and Medicare lines of business without requiring a PA or CD review, and doxylamine (e.g. Unisom) is available over-the-counter.

Diclegis is a fixed dose combination drug product containing both doxylamine and vitamin B6 and requires PA or CD review process. **Please note, if a PA or CD is submitted for Diclegis, IEHP will only approve the request if ALL required criteria are met, including trial and failure of formulary alternative, vitamin B6.**

The following are IEHP's Diclegis Formulary Status and PA/CD requirements:

<table>
<thead>
<tr>
<th>Line of Business</th>
<th>Formulary Status</th>
<th>Prior Authorization/Coverage Determination criteria</th>
<th>Formulary Alternative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medi-Cal</td>
<td>Non-Formulary, requires Prior Authorization</td>
<td>Failure or clinical adverse effects to the formulary alternative, pyridoxine or Vitamin B6</td>
<td>• Vitamin B6 (pyridoxine)</td>
</tr>
<tr>
<td>Medicare</td>
<td>Non-Formulary, requires Coverage Determination review</td>
<td>Dependent upon Coverage Determination review</td>
<td>• Vitamin B6 (pyridoxine)</td>
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</tbody>
</table>
As a reminder, IEHP formulary information is available at:

If you have any additional questions, please feel free to contact us at (909) 890-2049 between 8:00 AM -5:00 PM Monday through Friday. Thank you for your attention to this matter.

Sincerely,
IEHP Pharmaceutical Services

Reference: