

MARCH OF DIMES LEADS THE FIGHT FOR THE HEALTH OF ALL MOMS AND BABIES

JUNE 22, 2021-9:30AM-12PM PT **BECOMING A MOM/COMENZANDO BIEN®** **FREE FACILITATOR TRAINING WEBINAR**



Becoming a Mom/Comenzando bien is our bilingual prenatal curriculum and is designed for use with pregnant women in a supportive group setting to learn about having a healthy pregnancy.

March of Dimes will host this **free webinar** on implementing the *Becoming a Mom/Comenzando bien* curriculum. The training will also provide information and resources for educators who work with pregnant women and women of childbearing age.

Implementation partners: Clinics, hospitals, faith-based organizations, schools, housing authorities, health plans, community-based organizations, professional associations, community centers and other community programs.

Who can facilitate the program? Medical professionals, community health workers, health educators, promotoras, doulas and other providers and educators.

REGISTER NOW!

Please register in advance at:

https://marchofdimes.zoom.us/webinar/register/WN_QgkGVq55Rq26qddCJJgYeA

The *Becoming a Mom/Comenzando bien* curriculum (Order # 01-556-2457) can be purchased from the March of Dimes for \$500.00. To order, visit marchofdimes.com/catalog. **Purchasing the curriculum is not required in order to participate in this free training.**

CURRICULUM TOPICS

- You and your pregnancy
- Prenatal care
- Eating Healthy During Pregnancy
- Stress during pregnancy
- Things to avoid during pregnancy
- The big day: Labor and birth
- Caring for your baby
- Postpartum care
- Graduation