



A Public Entity

Inland Empire Health Plan



**To:** OB/GYN Providers  
**From:** Priya Batra, MD, MS, FACOG, IEHP Medical Director  
**Date:** August 16, 2017  
**Subject:** **Antepartum Fetal Assessment**

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Inland Empire Health Plan (IEHP) has recently revised its Utilization Management guidelines entitled “**Antepartum Fetal Assessment.**” These guidelines describe IEHP’s coverage criteria for ultrasounds and antepartum fetal testing (e.g., nonstress testing, biophysical profiles) in the context of various pregnancy conditions and complications. The revised guidelines include:

- Additional maternal and fetal complications of pregnancy
- Greater specificity as to what types of antepartum fetal assessment studies are covered/preferred
- A reliance on evidence-based practices from national practice organizations such as the American College of Obstetricians and Gynecologists (ACOG) and the Society of Maternal-Fetal Medicine (SMFM) – references are cited throughout the document

The revised guidelines can be found via IEHP’s Provider Portal at <https://ww3.iehp.org/en/providers/utilization-management/gynecology-and-obstetrics/>. We encourage you to review them and share them with your office staff.

If you have any questions or recommendations for subsequent revisions, please contact Dr. Batra at [Batra-P@iehp.org](mailto:Batra-P@iehp.org).