

The CMS Medicare-Medicaid Coordination Office (MMCO) is pleased to announce the following training opportunity:

### **Palliative Care for Older Adults Dually Eligible for Medicare and Medicaid**

**Date/Time:** Wednesday, December 5, 12-1:30 EDT

**Registration Link:**

[https://www.resourcesforintegratedcare.com/GeriatricCompetentCare/2018\\_GCC\\_Webinar/Palliative\\_Care](https://www.resourcesforintegratedcare.com/GeriatricCompetentCare/2018_GCC_Webinar/Palliative_Care)

Older adults who are in the advanced stage of an illness or nearing the end of life may experience physical and emotional distress, fragmented care delivery, and barriers to effective communication. Family caregivers and other individuals providing support may experience related challenges.<sup>1</sup> Dually eligible older adults, in particular, are more likely to experience frequent hospitalizations and facility-based long-term care at the end of life than other beneficiary groups.<sup>2</sup>

Palliative care aims to address physical, spiritual, social, and emotional needs; coordinate care delivery; improve quality of life; optimize function; and assist with decision-making for individuals living with a serious illness and their families. Palliative care may also reduce hospital readmissions and the use of facility-based long-term care by offering community-based services that are tailored to the individual.<sup>3</sup>

This webinar will share strategies for skillful communication, recognition, and response to needs of beneficiaries and their families throughout the course of serious illness, and engagement of palliative care consultants as an added layer of support. Timely recognition of hospice eligibility and referral in the months before death may improve quality of life and reduce reliance on emergency departments and hospitals for crisis management. The speakers will also help the audience recognize the signs of the active dying process to ensure that thoughtful expert care is available during this vulnerable time.

By the end of this webinar, participants should be able to:

1. Recognize barriers and identify strategies for providing optimal care to older adults dually eligible for Medicare and Medicaid with chronic debilitating diseases or who are in the dying stage of a serious illness
2. Define and differentiate palliative care and hospice care
3. Identify distressing symptoms associated with chronic, progressive illness and promising practices to alleviate these symptoms
4. Identify signs and symptoms of the active dying process and the essential responsibilities of health professionals at this time
5. Recognize effective strategies to improve communication and care planning with older adults with serious illness and their families

**Featured Speakers:**

1. Diane E. Meier, MD, Director, Center to Advance Palliative Care, New York
2. Isaac Bromberg MD, Medical Director, Commonwealth Care Alliance, Massachusetts

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<sup>1</sup> Morrison, R.S. Research priorities in geriatric palliative care. *J Palliat Med.* 2013; 16: 726–729.

<sup>2</sup> Bynum, J. P. W., Austin, A., Carmichael, D., & Meara, E. (2017). High-Cost Dual-Eligibles' Service Use Demonstrates Need For Supportive And Palliative Models Of Care. *Health Affairs (Project Hope)*, 36(7), 1309–1317.

<sup>3</sup> Ibid.

3. Karen Blair, RN, Commonwealth Care Alliance, Massachusetts
4. TBD: Family Caregiver

**Intended Audience:**

This webinar is intended for providers, health care professionals and front-line staff of Medicare Advantage plans, Medicare-Medicaid Plans, Dual Eligible Special Needs Plans (D-SNPs), and PACE Organizations, as well as other stakeholders interested in learning more about palliative care.

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**CME/CE credit information:****Accreditation**

- The Centers for Medicare & Medicaid Services (CMS) is accredited by the International Association for Continuing Education and Training (IACET) to offer continuing education (CE) credit.
- The American Geriatrics Society is accredited the National Association of Social Workers (NASW) to provide continuing education for social workers and by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Continuing Medical Education**

- **The American Geriatrics Society (AGS)** – AGS is evaluating this activity for AMA PRA Category 1 Credit(s)<sup>™</sup>. The number of credits awarded will be calculated based on the actual learning time. Physicians should claim only credit commensurate with the extent of their participation in the activity.

**Continuing Education Credit**

- **National Association of Social Workers** – This program is pending approval by the National Association of Social Workers for one continuing education contact hour.
- **The Centers for Medicare & Medicaid Services (CMS)** – CMS is evaluating this activity for CE credit. The number of credits awarded will be calculated following the activity based on the actual learning time. Final CE information on the amount of credit will be available to participants within the Learning Management System (LMS) after the live activity.

The following states do not accept National CE Approval Programs for Social Work: New York, Michigan, and West Virginia.

The following states currently do not recognize NASW National Approval: New Jersey, Idaho, and Oregon.

Individuals are strongly encouraged to check with their specific regulatory boards or other agencies to confirm that courses taken from these accrediting bodies will be accepted by that entity.

**PLEASE NOTE:**

- Webinar participants seeking CME/CE credit should only claim credit commensurate with the extent of their participation in the activity.

- A score of at least 80% on the post-test must be achieved in order to obtain CEUs via the NASW or CMS credit options. A score of at least 70% must be achieved in order to obtain CME credits via the AGS credit option.
- Estimated time to participate in the webinar: 1.5 hours including introductory information and interactive Q&A.
- Participants will be led through the following requirements after signing into and participating in the webinar:
  - Read the learning objectives and faculty disclosures
  - Complete the pre-test
  - Participate in the webinar
  - Complete the post-test and program evaluation form

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### **Registration Information:**

After clicking the registration link hosted on <https://resourcesforintegratedcare.com/> and completing the registration form, you will receive an email from [do\\_not\\_reply@on24event.com](mailto:do_not_reply@on24event.com) containing event log-on information. The email also contains an attachment that, when opened, will save the event log-on information to an Outlook calendar.

On the day of the live event, please use the web link to join the webinar. You can access the platform using a computer, smart phone, or tablet. The audio portion of the presentation will automatically stream through your computer/device speakers. Please make sure that the volume on your speakers is turned up. Phone dial-in information will also be available during the live event if you are unable to listen to the audio through the computer/device speakers.

For individuals that will be **away** from a computer, smart phone, or tablet on the day of the live webinar event, please email us at [RIC@lewin.com](mailto:RIC@lewin.com) to request dial-in information.

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*Resources for Integrated Care (RIC) develops and disseminates technical assistance and actionable tools for providers of beneficiaries dually eligible for Medicare and Medicaid based on successful innovations and care models. The RIC website features additional resources and tools for providers and health plans, available at <https://www.resourcesforintegratedcare.com>. RIC is supported by the CMS Medicare-Medicaid Coordination Office.*

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